

Friday Enrichment Offerings - Skinner Middle School - Fall 2016

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| <p>Destination Imagination - is a competitive program that allows you to showcase your intelligence, creativity, and problem solving skills in a tournament setting. You will work as a team to solve specific challenge, then present your solution in a competition in March. You MUST commit to stay on the team and attend the competition. DI is FUN!! DI is CHALLENGING! DI looks great on college applications.</p> |
| <p>Fantasy Football - Are you READY for some FOOTBALL? Become the Master of the Fantasy Gridiron! We will dig into the stats and draft our teams. We will recap the weekend games and adjust our lineups for the upcoming week. Support your favorite player or team by wearing your team logo tee-shirt or jersey each week during Enrichment class. (Not During the School Day)</p> |
| <p>ZUMBA - Do you enjoy getting your heart rate up? Do you like to dance? If so, this enrichment is for you! We will be doing aerobics to Latin/Pop music. Join us in salsa, merengue, cumbia and pop-style dancing and burn off some calories for the week</p> |
| <p>Skinner Idol - Come have fun and belt out a tune! Karaoke is back! Pick and sing your favorite songs with your friends! Last year we were proud to produce some of the best for talent show! This is a fun group and you don't even need to be able to sing, just to have fun!!!</p> |
| <p>Peace Peeps - Would you like to see the world as a more peaceful place? Would you like to be more peaceful yourself? What the heck is peace anyway?? Calling All Skinner scholars who answered yes to any of the questions above: Come explore all things peace! We will think, discuss, debate and act peace through music, pop culture and weekly challenges in order to be active peace citizens of Skinner Middle School!</p> |
| <p>Summer Homework Help: 8th Grade - Are you having a difficult time finishing your summer homework? Come in and get one on one help, this class will give you 8 weeks to finish up your summer homework, and get one step closer to completing your continuation requirements! NOTE: Some Students will be automatically assigned to this class.</p> |
| <p>Here There Be Dragons - DRAGONS! Legendary creatures of lore! Join us as we learn more about these mystical creatures! Study the qualities of dragon smoke and fire! Acquire knowledge about dragons from different cultures around the world! Create your very own dragon egg, dragon wing, and original dragon art.</p> |
| <p>Woodworker for Life - Let's crank up the wood working shop. Students will learn about basic wood working concepts and build a hand sanding block for their first project and culminate with a major final project</p> |
| <p>Flag Football for Girls - Does watching the Broncos make you want to get out on the field? Here is your chance! We'll work on essential skills of the game including throwing, catching, passing routes, defense, and "tackling." Weekly scrimmages will bring out your competitive instinct. Sign up only if you're ready to PLAY HARD -- no one will sit on the sidelines! This is for FEMALE students ONLY.</p> |
| <p>Become a Personal Trainer - Where would you go if you could travel? Have you always wanted to go to Paris? Or do you dream of a beach destination that you have only seen on TV? In this class, we will talk about and research the realities of travel: The transportation - How to get where you plan to go? The accommodations - Where will you sleep? The sustenance - Will you eat at restaurants or street markets? The entertainment – What will you do? We will learn to use the internet to research the different options and possibilities of travel, especially the costs associated with it so you can see that seeing the world is possible even on a budget.</p> |
| <p>Sports Movies - Some of the most inspirational stories of perseverance and grit come from the world of sports. Both fictional accounts of sports heroes as well as real life inspirational sports stars will be featured as we discuss how sports influence various aspects of our lives. Students will also have the opportunity to tell some of their own sports stories that have made an impact on their lives.</p> |
| <p>Guitar - Guitarists with little or no experience on the instrument, come and learn how to play songs with basic chords and music theory. Use a school guitar or bring your own. We will be playing music from Hal Leonard's <i>Guitar Method Book 1</i> Put down the plastic guitar and finally learn to play!</p> |
| <p>Art Making - Do you want to help communicate and celebrate the Skinner Scorpions and school community? Did you answer, YES! If so, welcome to art making in the large. We are excited about creating more art in the hallways and school community. During enrichment time you will help plan and create a large painting (mural) or sculpture for the school.</p> |
| <p>Skateboard Club - From beginner to advanced, all sk8ers are welcome as long as you can supply your own equipment including helmets. In skateboarding club we will learn basic skills from each other, practice and try new tricks and learn about skateboarding history from a master. <i>*Signed parent permission forms and helmets required</i></p> |

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| <p>Board Games with UpLift - Do you enjoy a challenge, fun, lots a laughter and hanging out with some pretty cool people? Well join Board Games with UpLift. We will be playing various games every week. Everything From Apples to Apples, Spoons, Jenga, Monopoly and many more.</p> |
| <p>Disney/Pixar - Come to Theater 204 for a film study of Disney/Pixar movies. We will discuss theme, characterization, animation, and history – all in the context of family-friendly movies. If you love to spend a Friday at the movies, this enrichment is for you.</p> |
| <p>The Force Is With Us - Calling all Star Wars Fans. The next installment of the Star Wars saga, Rogue One, will be released in December. I cannot wait. Let's watch the movies that led up to the latest movies. We will stop and talk about the main characters and trace how the characters develop over the course of the series. May the Force be with you and me every Friday!!</p> |
| <p>Ultimate Frisbee - Do you like Frisbee? Do you like play with a team? Come out and learn how to play the game of Ultimate Frisbee. All participants will be expected to play. You don't need to know how to throw a Frisbee or how to play ultimate Frisbee but you do have to be willing to try.</p> |
| <p>Sports History - Come watch, read, and talk about the greatest athletes in history from Jesse Owens and Bill Russell to Michael Jordan and Serena Williams. We'll learn about who our greatest athletes have been and why they are so important.</p> |
| <p>Yoga - Yoga is a Hindu spiritual practice. It includes breath control and meditation through specific body postures called asanas. Traditionally yoga was a series of asanas that practitioners would employ to ready their bodies for long periods of meditation. Today, it is beneficially for many health reasons including improved respiration, weight loss, cardiovascular health, increased flexibility and increased strength. It is also used as a relaxation technique. The enrichment leader will instruct students through a yoga practice. This will include asanas incorporated into a vinyasa (flow) and sun salutations. Students will see improvement in flexibility and strength and find themselves in a more relaxed and focused state on a daily basis.</p> |
| <p>Paper Arts - Do you possess the natural ability to make paper come alive? Learn the ancient art of paper folding. Turn plain old paper into the coolest of designs.</p> |
| <p>Holiday Crafting - Enjoy time to relax and enjoy good company while creating beautiful Holiday crafts and gifts to share with a family member or close friend.</p> |
| <p>Introduction to Photography - Learn how to use a digital camera in making beautiful photographs, which include understanding the subject you're photographing and how to use backgrounds and framing to create real art.</p> |
| <p>Drama Club - Drama is a year round program that involves an after school commitment in addition to Friday enrichment time. Students will learn basic stage direction and develop their acting skills through fun activities and performances. The Drama Club puts on two performances during the school year: one at the Fall/Winter Arts night and again in the Spring with our Shakespeare performance. Students who participate in Drama will also perform at the Shakespeare Festival in Spring of 2016. Rehearsals are Mondays 3-4:30 and Fridays until 4 pm. We will also accept a number of students to be a part of the stage crew, for those not inclined to perform.</p> |
| <p>Skinner Podcast - GOOOOOOOOD MORNING Skinner Scholars! Usually Ms. Koyama or Ms. Young get to hear their voice broadcast to the whole school, but in radio enrichment your voice takes over. Practice your radio voice and use computers to record and edit audio stories told by you! Scholars even have gotten to help Ms. Koyama broadcast announcements. If you like using technology and like to talk, this is the enrichment for you!</p> |
| <p>GLEE! - Do you love TV, music, and comedy? If you answered yes, the 'Glee' enrichment is for you! Come kick back and laugh while watching full episodes of the popular show 'Glee'. Glee is a musical comedy about a group of ambitious and talented young adults in search of strength, acceptance and, ultimately, their voice.</p> |
| <p>Pop In for... Pop Culture Through the Decades. Do you love music, movies, cartoons, comics, and television? This class will take a look at all them all during different decades in our history. From the Golden Age of film to jazz of the Roaring 20's to the radical music of the 1960's and 70's we will explore it all. Students will get to watch videos and listen to music from different periods of history and will think about how they have changed over time.</p> <p>significance of cycling, maintenance and repair to keep your bike in top shape, safety in commuting, rules of the road, choosing a bike that's right for you as well as learning about the many competitive opportunities in cycling. This class is a must if you love moving on two wheels.</p> |
| <p>Bubbles! - Did you like playing with bubbles when you were a little kid? Do you like playing with bubbles now? If so, come join Mr. Andersen and create some bubbles the size of a car or maybe even a house. We will be designing and building different tools, which you will be able to take home after enrichment is over, and experimenting with different solution to create the largest bubbles you can imagine.</p> |